

About Combat Stress Injuries

Many soldiers in war zones suffer from stress related problems. There are a range of injuries, mild to severe. Exposed to the threat of death over a period of time, individuals go into a survival mode, with emotional numbing.



Soldiers return changed in some way and families and friends find it difficult to understand what happened. Other problems can develop which affect sleep and interfere with daily functioning and relationships.



Couple, family and other relationships come under stress from the changes. Marriages can fail and children may develop problems in

school. With more understanding, veterans and families can work together to reduce the problems that occur.

Make a Donation for Welcome Home Warrior

We need your support for our retreat programs and services!

Send your donations to:

Welcome Home Warrior
P.O. Box 7217
Woodland Park, CO 80863



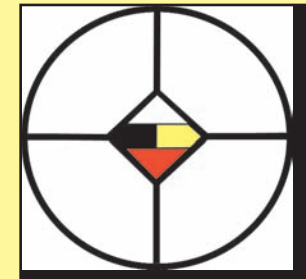
Donna M. Finicle, Founder of Welcome Home Warrior



The founder of Welcome Home Warrior is Mrs. Donna Finicle, LCSW, BCD. She has 24 years of clinical experience working with veterans and families at the VA in Denver, Colorado Springs, Pueblo and Alamosa in mental health. She was on a traveling Post Traumatic Stress Care team that did outreach in remote areas of Colorado to provide treatment for combat veterans in those areas. She received national recognition as Social Worker of the Year, 2010, by the National Association of Social Workers.



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Welcome Home Warrior, Inc.

a non-profit organization

Who We Are
What We Do



Donna Finicle, Director
Welcome Home Warrior
P.O. Box 7217

Woodland Park, CO 80863

Email: welcomhomewarrior@comcast.net

Website: www.whwarrior.org

Phone: (719) 439-3621



Who We Are

Welcome Home Warrior is a non profit organization established in March, 2007 in order to provide services to Iraq and Afghanistan soldiers, veterans, their families and others who wanted to understand and cope with the effects of war. We serve veterans, active duty and their families in the Colorado Springs area, Teller County and outlying areas. Our organization is composed of veterans and civilian volunteers. They assist in fundraising, administrative work and with the Family Retreats that we sponsor. Our advisory board also includes retired veterans, active duty and civilians with family members in the military.



Welcome Home Warrior provides alternatives for veterans and their families for help and also educates the community about the problems and ways to help.

Retreat Programs

Welcome Home Warrior is hosting group and independent retreats for soldiers, veterans, and families in collaboration with Home Front Heroes, Summit Beauty School, Woodland Park, and other organizations and individuals who donate



time and money to sponsor these retreats. The purpose of the retreats is to give families with active military members some quality time together in a quiet place, to regroup and to come back together after absence and military combat experiences. We want to be of assistance to the whole family because we understand that everyone is affected by the returning soldier. Fun and quiet time in a safe place is an essential part of the retreat, along with information and support for help coping with problems. Retreats are usually held

near the Colorado Springs and Woodland Park areas. These retreats are free to participants and held over Fridays, Saturdays and Sundays. There are activities for the entire family. Both group retreats and independent family retreats are held, and the frequency of both types of retreats is subject to funding availability.

Counseling Services

Donna M. Finicle, LCSW, BCD and founder of Welcome Home Warrior, is available for counseling for veterans and active duty personnel, including spouses and couples with relationship and combat stress related problems. She uses cognitive/ behavioral, EMDR and alternative treatment approaches, with support groups as needed. Fees are a sliding fee starting at \$20 an hour. She is registered with the Give an Hour Program for Military and Veterans and takes Medicare. See the back page of this brochure for more information on Mrs. Donna M. Finicle.

Counseling appointments can be arranged Tuesdays and Thursdays, 9 to 6 PM, or other times by appointment.



The office location is 471 S. Baldwin St., Woodland Park, Colorado, 80863. Our contact phone number is (719) 439-3621.

